

The Herbal Wellbeing and Ceremonial Healing Centre

2 Clare House, Church Street, Ticehurst, East Sussex, TN5 7AE

The Herbal Wellbeing and Ceremonial Healing Centre is located in the quaint and picturesque rural village of Ticehurst in East Sussex. The area is surrounded by beautiful countryside and expansive woodland and lies within the reaches of the River Teise and Bewl Water.

By train and underground tube

The nearest rail stations are:

Wadhurst Railway Station, Station Road, Wadhurst, East Sussex, TN5 6RZ 5 miles

Stonegate Railway Station, Station Road, Wadhurst, Rother, TN5 2.5 miles

Etchingam Railway Station, Station Road, Hurst Green, Etchingam, Rother, TN19 4 miles

From London

Southeastern train services run from London Charing Cross, London Bridge and Cannon Street with an average journey time of one hour.

International visitors from Heathrow and Gatwick airports

From Heathrow Airport Terminals

From Heathrow Terminals purchase a one way ticket to London Bridge. You will then need to board a Piccadilly Line tube to Green Park underground station. (Please note that you will need to get a northbound tube to Cockfosters and **not** a westbound tube to Uxbridge.) The journey to Green Park will take approximately 50 – 60 minutes. Once you arrive at Green Park, head towards the Jubilee tube line and get a southbound tube to London Bridge. From London Bridge underground station, walk to London Bridge Rail station and take a Southeastern train to Wadhurst.

From Gatwick Airport

From Gatwick Airport you can get the Gatwick Express non-stop train service to London Victoria. It runs every 15 minutes with a journey time of 30 minutes. From London Victoria underground station, you will need to take a northbound Victoria Line tube one stop Green Park. Once you arrive at Green Park, head towards the Jubilee Line tube line and get a southbound tube to London Bridge. From

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London Bridge underground station, walk to London Bridge Rail station and take a Southeastern train to Wadhurst.

For further information on timetables, fares and maps contact:

Southeastern on 08450 00 22 22 or visit www.southeasternrailway.co.uk

National Rail Enquiries on 08457 48 49 50 or visit www.nationalrail.co.uk

London Underground Tube Map: <http://www.tfl.gov.uk/assets/downloads/standard-tube-map.pdf>

Gatwick Express Booking and Pricing information: <https://www.gatwickexpress.com>

Important note

Once you arrive at Wadhurst Railway Station we may be able to arrange for someone to collect you from the station. However, you must pre-book this service at least 72 hours in advance of your arrival (see details below for: 'Herbal Wellbeing and Ceremonial Sanctuary Collection Service'). As this service is provided by our volunteers, we cannot always guarantee that it will be available. In the event that we are unable to collect you from the station, you can get a bus directly to the Sanctuary.

You will need to get the 254 bus towards Hawkhurst/ Broad Oak. Ask the driver to drop you off at Church Street, Ticehurst. The bus runs hourly so it is important to coincide your train arrival time with the bus schedule if you can. The bus from Wadhurst Station runs hourly from 7.50am to 6.49pm Monday to Saturday. At all other times, you will need to arrange for a taxi to collect you from the station.

For details of the 254 bus timetable, please visit:

<http://www.countryliner-coaches.co.uk/timetables.asp>

International Visitors

For visitors arriving from Gatwick or Heathrow, we can arrange for someone to meet you by car at the airport and return you to the airport after your stay.

Prices for this service are listed below:

Gatwick: £45.00 each way

Heathrow: £60.00 each way

Herbal Wellbeing and Ceremonial Sanctuary Collection Service

Email: pickmeup@hozhofoundation.com

By car

From London via the Blackwall Tunnel

From Blackwall Tunnel Northern Approach (A12), continue onto Blackwall Tunnel Approach (A102) for 3.1 miles. Continue onto Rochester Way Relief Road (A2) for 3.2 miles. Continue onto A2 for 7 miles and exit onto Darenth Interchange. At the roundabout, take the third exit onto Slip Road (M25 J2) and continue onto M25 for 11.2 miles. Continue onto A21, taking the second exit at the following five roundabouts. Finally, after the fifth roundabout, take a right turn onto High Street B2087 and continue onwards, bearing right onto Dale Hill, then bear left onto Lower Platts. Turn right onto High Street B2099 and turn left onto Church Street where you will arrive at the Herbal and Wellbeing Sanctuary.

Estimated journey time: 1 hour 5 minutes.

From London via the A406

From Green Lanes, Palmers Green N13 turn left onto North Circular Road (A406) for 1.5 miles. Bear right onto Angel Road (North Circular Road) A406 and continue for 9.5 miles. Bear left onto Alfred's Way (A406) and continue onto Alfreds Way A13. Continue onto A13 for 7.7 miles. Exit onto Slip Road (M25 J30 – J31) and bear right. At the roundabout, take the third exit onto Slip Road (M25 J30 – 31). Bear right after 0.2 miles and continue onto A282 for 3.1 miles. Continue onto Canterbury Way (M25) for 13.3 miles. Continue onto A21, taking the second exit at the following five roundabouts. Finally, after the fifth roundabout, take a right turn onto High Street B2087 and continue onwards, bearing right onto Dale Hill, then bear left onto Lower Platts. Turn right onto High Street B2099 and turn left onto Church Street where you will arrive at the Herbal and Wellbeing Sanctuary.

Estimated journey time: 1 hour 23 minutes

From Hastings

Depart from Bohemia Road (A21) and turn left onto London Road. Bear right onto Sedlescombe Road North and at the roundabout, take the first exit onto Sedlescombe Road North (A21) and continue along the A21 for 5.9 miles. At the roundabout, take the second exit onto John's Cross Road (A21) and take the second exit at the roundabout that follows that and continue for 3.1 miles. Turn left onto B2099 and continue for 2.7 miles. Turn left onto Church Street where you will arrive at the Herbal and Wellbeing Sanctuary.

Estimated journey time: 30 minutes

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From Tunbridge Wells

Depart on Mount Pleasant Road (A26) and turn right onto Vale Road. Continue onto A26 and take the first exit at the roundabout onto Nevill Street (A267). Bear left onto Frant Road for 2.2 miles and then bear right onto Frant Green Road. Turn left onto Wadhurst Road (B2099) and continue along the B2099. Bear right onto High Street and continue on the B2099 for 3.4 miles. Turn right onto Church Street where you will arrive at the Herbal Wellbeing and Ceremonial Sanctuary.

Estimated journey time: 30 minutes

Parking

There is limited parking available for visitors on Church Street. There is also a free Car Park across the road.

By bus

Route 254 stops just around the corner from Church Street, Ticehurst. Ask the driver to let you know when you arrive there. Route 254 is operated by Countryliner and runs from Monday to Saturday between Broad Oak/ Hawkhurst and Tunbridge Wells. You can get the 254 from either Tunbridge Wells Train Station or Wadhurst Train Stations. The bus runs on an hourly schedule.

For details of the 254 bus timetable, please visit: <http://www.countryliner-coaches.co.uk/timetables.asp>